



STATE OF MAINE  
DEPARTMENT OF PUBLIC SAFETY  
MAINE EMERGENCY MEDICAL SERVICES  
152 STATE HOUSE STATION  
AUGUSTA, MAINE 04333



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SHAUN A. ST. GERMAIN  
DIRECTOR

**Medical Direction and Practices Board  
January 16, 2019  
Minutes**

**MDPB Agenda – Meeting begins at 0900**

- 1) Introductions –Sholl – 0900 - 0905
- 2) December 2018 MDPB Minutes – Zimmerman/Sholl – 0905-0910 Dr. Kendall, Dr. Zimmerman - Unanimous
- 3) State Update – St. Germain 0910 – 0925
  - a. Medical Director’s Resources – No update
  - b. CARES – working on entering current data.
  - c. Heart Rescue/RA – Meeting to be scheduled
  - d. EMS-C
  - e. Legislative Update –
- 4) Special Circumstances Protocols – NONE
- 5) New Devices – NONE
- 6) UPDATE –Medication Shortages – Nash /Zimmerman/All – 0925 – 0935
  - a. Sodium Bicarb is becoming a problem now at the service level. There has been an FDA extension and we should ensure services are aware to check the FDA list.
  - b. This primarily effects cardiac arrest and TCA overdose which requires a significant amount. We will need to continue to monitor.
- 7) Follow Up - Discussion re: re-arrest in route to the hospital – Pieh/Zimmerman/All – 0945 – 1000
  - a. Dr. Diaz and Dr. Pieh put together a synopsis of how they have navigated the issues and regulations around this to support other hospitals. This has been well received and a few hospitals have asked for some clarification. Hospitals continue to work to support these efforts and have continued working with Dr. Sholl. Dr. Sholl is continuing to hold off sending out the EMS letter until these hospitals have had more time to adjust their practice.
- 8) 2019 Protocol Update – Sholl/Zimmerman /All – 1000 - 1100
  - a. Timeline review – Zimmerman/All – 1000-1005
  - b. Conference Call reviews – 1005-1010
    - i. Jan 2019 conference call – review major themes that arose – No big topics arose. Some questions about past decisions and some ongoing discussions.
  - c. Protocol topics: 1010-1055
    - i. Yellow Section
      1. Grey 16 questions for the AG + language for Grey 16 – Shaun St. Germain
        - a. Shaun has not heard back from our AG rep.
      2. Revisit Drowning section and AHA language re: resuscitation in drowning – Sholl/Pieh

● **Excellence**

● **Support**

● **Collaboration**

● **Integrity** ●

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- a. Dr. Sholl is going to work with Dr. Pieh to draft up resuscitation guidelines and move this to the green section.
- 3. CMS Language re: restraint – Collamore
  - a. Dr. Collamore spoke with the Joint Commission and they didn't have a lot of guidance support for EMS. She has suggested that we add language that requires EMS to notify Medical Control as soon as possible.
    - i. There was concern discussed about the restrictions within the hospital and how to translate that into a functional but protected EMS practice.
    - ii. Dr. Sholl will work with Dr. Collamore to craft some language and bring it back to the group.
- 4. Follow up from discussions with Acadia and MMC physicians re:
- 5. Depression/Suicide Screening – Collamore/Zimmerman
  - a. Dr. Collamore and Dr. Zimmerman will follow up with their contacts and
- 6. Final Yellow topics - Collamore/Zimmerman
  - a. Radiation Injuries
    - i. Dr. Zimmerman presented a new protocol
    - ii. Dr. Sholl asked Pete and Dr. Dinerman about if we should call out air medical transport in this situation. We don't do this in any other situation.
    - iii. Pete recommends that we keep language recommending transport does not occur until the patient is appropriately deconned.
    - iv. Dr. Pieh will connect with MANG to see if they have any additional insight on this.
  - b. Stroke Alert update change timeline to 24 hours from 6 hours.
  - c. Naloxone at the EMR level
    - i. There are some operational difficulties but consensus was to add this.
    - ii. We will add orange as the behavioral section.
- ii. Green Section Review – Pieh/Sholl
  - 1. Chest Trauma
    - a. Changes to the site of chest decompression. To the anterior axillary
    - b. Add pearl to remind providers to constantly monitor this and changes and symptoms reoccur consider repeating procedure.
  - 2. Head trauma
    - a. O2 saturation cleaned up. Added language about monitoring for signs of herniation and ventilating to achieve an ETCO2 30-35 mmHg. Added pearls
    - b. Rick will pull a paper on rate recommendation of ventilation for EMTs
    - c. Dr. Bohanske will look at the brain injury foundation
  - 3. TXA has been corrected for medical control requirements.
  - 4. Update some language around TXA and isolated head trauma as there has been some questions around patients with multisystem trauma.

9) Medical ID – Required elements – Sheets and Leo

- a. Don and Alan presented new requirements for the approval of medical alert jewelry.

- i. Dr. Sholl motion to adopt with the removal of language references exposing side Dr. Bohanske. Unanimous.

There will be a new dedication added to commemorate those who we have lost over the previous two years to the protocols

**Old Business 1055-1100**

- 1) Ops
- 2) Education - Did not meet
- 3) QI – will be meeting today to discuss a newsletter
- 4) Community Paramedicine - Did not meet
- 5) TAC – working on a mild TBI program to attempt to keep these patients at their community hospital.
- 6) Motion to adjourn 1106 Kevin